



# Using Your FSA or HSA to Buy a Height-Adjustable Desk from Vari®

**If you have employer-based health insurance, you may be able to get fully reimbursed after purchasing a height-adjustable desk.**

If you receive health insurance through your employer, you likely have a flexible savings account or health savings account option. HSAs are an option for workers who choose high-deductible health plans of at least \$1,350 for an individual and \$2,700 for a family. With an FSA, money from your paycheck is set aside pre-tax to pay for eligible healthcare expenses. Ergonomic items that relieve physical pain and stress are often considered an eligible expense.

Choosing the right Vari product for you is easy. You could soon have a brand new sit-stand desk shipped directly to your office—and ultimately paid for through your health insurance contributions—after you take a few simple steps:

## 1 Go Shopping

Visit the Vari website and browse around. Once you select which sit-stand product is best for you, make a purchase online or over the phone by calling (800) 207-2587. Our customer experience team is available to help Monday through Friday from 7 a.m. to 7 p.m. central time.

## 2 Get Reimbursed

You'll need a few things in order to claim your FSA or HSA dollars for your Vari purchase:

- Your receipt (an email confirmation will be sent to the email address used to purchase)
- A completed claim form
- An explanation of benefits from your health insurance company, which will show that your purchase was not covered (*Note: This is usually not required.*)

Claim forms should be available through your plan administrator or the FSA provider's website. Complete the form and submit the necessary paperwork with it. Some employers might also require a letter of medical necessity. (If so, simply confer with your doctor or chiropractor and explain your symptoms. A template can be found [here](#).)

## 3 Enjoy the Benefits

Why wait another day to dramatically improve your overall health and happiness? All Vari products come with a 30-day, risk-free guarantee. If you don't absolutely love your new sit-stand desk or if your reimbursement falls through for any reason, simply return the product, hassle-free and at no charge.

**What are you waiting for?**

**Start the process today, and get a high-quality standing solution at no final cost to you.**

